



COVID-19 Support, advice & Guidance

Government Advice and Information & Guidance

Government general information and advice

<https://www.gov.uk/coronavirus>

Government advice on what you can and can't do in relation to the Coronavirus pandemic

<https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do>

Plans to ease guidance for over 2 million shielding

Millions of people shielding from coronavirus (COVID-19) will be advised they can spend more time outside their homes from Monday 6 July, the Health and Social Care Secretary has announced.

<https://www.gov.uk/government/news/plans-to-ease-guidance-for-over-2-million-shielding>

Government guidance on Face Coverings, when to wear one, exemptions and how to make your own

<https://www.gov.uk/government/publications/face-coverings-when-to-wear-one-and-how-to-make-your-own/face-coverings-when-to-wear-one-and-how-to-make-your-own#when-to-wear-a-face-covering>

Government advice on Staying Safe Outside your home

<https://www.gov.uk/government/publications/staying-safe-outside-your-home/staying-safe-outside-your-home>

Government information on NHS Test and Tracing Service

<https://www.gov.uk/guidance/nhs-test-and-trace-how-it-works>

Government information on Social Distancing

<https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people/guidance-on-social-distancing-for-everyone-in-the-uk-and-protecting-older-people-and-vulnerable-adults>

Government guidance on shielding and protecting people defined on medical grounds as extremely vulnerable from Covid-19

<https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19>

Government advice on how to spot disinformation about the Coronavirus

<https://sharechecklist.gov.uk/>

Government advice for parents and carers of children attending out-of-school settings during the Coronavirus outbreak

<https://www.gov.uk/government/publications/guidance-for-parents-and-carers-of-children-attending-out-of-school-settings-during-the-coronavirus-covid-19-outbreak/guidance-for-parents-and-carers-of-children-attending-out-of-school-settings-during-the-coronavirus-covid-19-outbreak>

Scotland Government:

<https://www.gov.scot/coronavirus-covid-19/>

